

# Brain Builder: What Did You See?

It takes something called “working memory” to remember a lot of things. Working memory is one of the brain skills that helps us learn, solve problems, and make decisions. Have fun working on your working memory by playing this game.

**1:** You need a pen or pencil and a way to time yourself.

**2:** Look at the picture on page two and try to remember everything on the page. You can look for one minute but you can't write anything down.

**3:** Turn the picture over and write down as many items as you remember.

**4:** Try again! Use the challenge photo on page three and see if you can spot the five new things and remember the rest! (Be sure to cover up the list on the left!) Or, you can shorten your time and try to do it in 30 seconds. You can make your own game using found items and a tray. You can compete with your friends or family.

First Try

Second Try

- |     |     |
|-----|-----|
| 1.  | 11. |
| 2.  | 12. |
| 3.  | 13. |
| 4.  | 14. |
| 5.  | 15. |
| 6.  |     |
| 7.  |     |
| 8.  |     |
| 9.  |     |
| 10. |     |

- |     |     |
|-----|-----|
| 1.  | 11. |
| 2.  | 12. |
| 3.  | 13. |
| 4.  | 14. |
| 5.  | 15. |
| 6.  | 16. |
| 7.  | 17. |
| 8.  | 18. |
| 9.  | 19. |
| 10. | 20. |

Bright Horizons.

**World** at Home

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Challenge Photo

