

Bright Horizons.

World at Home

Week of September 14th 2020

This week will focus on **Farms**.

Getting Ready

We know that children thrive with routine, especially when there are big changes around them. *World at Home* lesson plans have been designed to bring the comforting rhythms of our **Bright Horizons**[®] child care centers right into your home, with guided learning opportunities that follow a similar schedule to that of our classrooms. We know there is a lot here to digest. Our intent is for you to use what works for you. Think about all the things you need to accomplish while you are at home, and add in as much activity as you feel supports your child's needs and your own. Change the schedule to meet your needs, choose activities you think your child will love and skip the others, or follow this plan as it is. Our goal is to support your child's learning, even while you are safely at home.

Helpful Resources

- ▶ All of our World at Home resources <https://worldathome.brighthouse.com/>
- ▶ World at Home Family Guide (https://www.brighthouse.com/-/media/BH-New/WorldatHome/324Content/WorldatHome_FamilyGuide2)
- ▶ Tips on scheduling your day https://www.brighthouse.com/-/media/BH-New/WorldatHome/324Content/WorldatHome_SchedulingTips2
- ▶ Family resources for life at home – including stress management and talking to children in difficult times <https://www.brighthouse.com/life-at-home>

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Farms Week

Across the country, farmers are working hard to harvest crops. The topics of farms, food, and livestock are relevant and engaging to young children, and offer opportunities to learn about our culture, communities, and history. This week’s activities include an egg carton math game, a farm sensory tray, crop graphing, and much more—all focused on **farms**.

Weekly Materials List

(In addition to items from the **General Materials List** posted [here](#).)

- ▶ Buttons
- ▶ Cookie sheet or tray
- ▶ Dirt
- ▶ Egg carton
- ▶ Farm toys and figures
- ▶ Grass
- ▶ Plastic eggs
- ▶ Animal photos

Weekly Prop Box and Open-Ended Materials

Set up a pretend garden at your house, making it as elaborate as you like. Use the children’s book “Scarlette Beane” by Karen Wallace to inspire your fantasy garden space.

Materials

- ▶ Kid-sized gardening tools such as a trowel or shovel
- ▶ Kid-sized gardening gloves and hat
- ▶ Plastic pots
- ▶ Fabric flowers
- ▶ Pretend food fruits and vegetables
- ▶ A large cardboard box to create a greenhouse
- ▶ Fabrics in browns, greens, and other earth tones

Farms for Toddlers – Monday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: “Scarlette Beane” by Karen Wallace</u>
Late Morning	<u>Sensory: Farm Sensory Tray</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Math: Color Sorting</u>
Late Afternoon	<u>Yoga & Mindfulness: Yogi Says – Animals</u>

Questions and Extension Activities

Extend the learning

- ▶ Read more on the topic of farms this week with titles such as “Barnyard Dance” by Sandra Boynton and “Big Red Bard” by Margaret Wise Brown.

Open-ended questions to start the day

- ▶ What do you know about farms? What foods grow on farms? What animals live there?

Conversation around the dinner table

- ▶ Across the country, farmers are working hard to harvest crops. But there are many types of farms. Introduce the names of different farms as your child eats different foods. “That milk comes from a dairy farm,” or “Those apples came from a special kind of farm called an orchard.”

Farms for Toddlers – Tuesday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: Animal Noises</u>
Late Morning	<u>Sensory: Craft Stick Building</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Social-Emotional Learning: Being a Helper</u>
Late Afternoon	<u>Music & Movement: Plant a Little Seed</u>

Questions and Extension Activities

Extend the learning

- ▶ Discuss foods with your toddler as they eat them. What kind of food is it? What color is it? What does it taste like?

Open-ended questions to start the day

- ▶ What do you think it would be like to live on a farm? What kinds of plants or animals would you like to have there?

Conversation around the dinner table

- ▶ Discuss today's Being a Helper activity. What are some ways that your child could be a helper at home?

Farms for Toddlers – Wednesday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Let's Read: Splish, Splash Ducky</u>
Late Morning	<u>Math: Recycled Egg Carton Counting</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Art: Shadow Sidewalk Chalk</u>
Late Afternoon	<u>Movement: Family Dancing</u>

Questions and Extension Activities

Extend the learning

- ▶ Look at the food in your pantry or freezer and discuss their shapes. Are the crackers round or flat? Are they squares, circles, or triangles?

Open-ended questions to start the day

- ▶ What animals might you find on a farm? What sounds do they make?

Conversation around the dinner table

- ▶ If possible, have a farm meal in which everything you serve was grown nearby. Discuss where it came from and how it was grown.

Farms for Toddlers – Thursday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: Animal Sounds</u>
Late Morning	<u>Art: Crayon Resist Watercolor</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Sensory: Farm Sensory Tray</u>
Late Afternoon	<u>Social-Emotional Learning: Figure 8s & Windmills</u>

Questions and Extension Activities

Extend the learning

- ▶ Make two watercolor paintings instead of just one! To the second, add a bit of kosher salt to the top when your child is done painting and let it sit. Once dry, invite your child to come back to see the unique shapes it created. Compare the two paintings side-by-side to see the different effects.

Open-ended questions to start the day

- ▶ Look at pictures of farm animals with your child and model how to say their names. Encourage your child to repeat after you. Talk about the colors of the animals, if they are big or small, if they can fly or swim, etc.

Conversation around the dinner table

- ▶ Bread is always a favorite food and kids can eat a lot of it! Talk about the different kinds of breads and which ones you enjoy the most. Discuss breads that use fruits and vegetables like banana bread, zucchini bread, and so many more. Make or buy one to try at dinner if you can.

Farms for Toddlers – Friday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: “Scarlette Beane” by Karen Wallace</u>
Late Morning	<u>STEM: Apple Sensory Game</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Social-Emotional Learning: Color Jars</u>
Late Afternoon	<u>Yoga & Mindfulness: Bear Breath</u>

Questions and Extension Activities

Extend the learning

- ▶ Include your child in meal prep this week. Perhaps they can help you choose foods for dinner or help wash the vegetables.

Open-ended questions to start the day

- ▶ What have you learned about farms this week? What new plants or animals did you discover?

Conversation around the dinner table

- ▶ Discuss the different activities that your child did this week. What was their favorite and what might they like to try again?

Farms for Preschool – Monday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: “Scarlette Beane” by Karen Wallace</u>
Late Morning	<u>Let’s Play: Gardening Pretend Play</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Math: Card Math Game</u>
Late Afternoon	<u>Yoga & Mindfulness: Yogi Says – Animals</u>

Questions and Extension Activities

Extend the learning

- ▶ Read more on the topic of farms this week with titles such as “How to Make an Apple Pie and See the World” by Marjorie Priceman, “On the Farm” by David Elliot and Holly Meade, and “The Tortilla Factory” by Gary Paulsen and Ruth Paulsen.

Open-ended questions to start the day

- ▶ What do you know about farms? What kinds of farms do you think there are? What more would you like to learn about farms?

Conversation around the dinner table

- ▶ Across the country, farmers are working hard to harvest crops. But there are many types of farms! Discuss with your child the different farms that exist and what foods come from them. Consider farms, like apiaries or bee yards, orchards, dairy farms, ranches, and so many more!

Farms for Preschool – Tuesday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: What Grows Here?</u>
Late Morning	<u>Field Trip: Springtime on the Farm</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Social-Emotional Learning: Being a Helper</u>
Late Afternoon	<u>Movement: Yoga Pretzels & Mindfulness</u>

Questions and Extension Activities

Extend the learning

- ▶ Learn more about non-food crops that grow in your area, such as cotton, timber, herbs for medicine, or corn grown for ethanol.

Open-ended questions to start the day

- ▶ What do you think it would be like to live on a farm? What kinds of crops or animals would you want to raise? What would you have to do to take care of them every day?

Conversation around the dinner table

- ▶ Discuss today's Springtime on the Farm field trip. What animals did your child see? Why do they think those animals might be important on farms? How do you things on a farm might look different in the fall versus the springtime?

Farms for Preschool – Wednesday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: Animal Alphabet</u>
Late Morning	<u>STEM: Egg Carton Math</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Art: Shadow Sidewalk Chalk</u>
Late Afternoon	<u>Movement: Aaron Copeland’s Hoedown</u>

Questions and Extension Activities

Extend the learning

- ▶ Look at the food in your pantry or freezer. Make a chart with your child detailing what types of foods you have, e.g., fruits, vegetables, beans, grains, etc., and how the foods are made.

Open-ended questions to start the day

- ▶ Ask your child about their favorite foods or meals. Do they have a lot of ingredients or just a few? Are they fresh, canned, or frozen? Where did they grow? How did they get to you?

Conversation around the dinner table

- ▶ If possible, have a farm meal in which everything you serve was grown nearby. Discuss where it came from and how it was grown.

Farms for Preschool – Thursday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: What's Missing? Memory Game</u>
Late Morning	<u>Cooking: Banana Bread</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Let's Play: Three Little Pigs Construction</u>
Late Afternoon	<u>Social-Emotional Learning: Figure 8s & Windmills</u>

Questions and Extension Activities

Extend the learning

- ▶ Which farm animal is your child's favorite? Encourage them to learn more about it, researching what it eats and what's needed to take care of it. Help them choose a way to show what they've learned.

Open-ended questions to start the day

- ▶ Today you are going to make banana bread! But there are many types of bread in all kinds of flavors. What are some different kinds of breads that you can think of? What ingredients make each of them different?

Conversation around the dinner table

- ▶ Ask your child how today's banana bread recipe turned out. Share your favorite types of bread and talk about different kinds of bread that also use fruits and vegetables, such as zucchini, pumpkin, or raisin breads.

Farms for Preschool – Friday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Toward a Better World: Families Work and Play Together</u>
Late Morning	<u>STEM: Apple Sensory Game</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Social-Emotional Learning: Color Jars</u>
Late Afternoon	<u>Yoga & Mindfulness: River Flow</u>

Questions and Extension Activities

Extend the learning

- ▶ Include your child in meal prep this week. Perhaps they can help you plan the grocery list, help you plan a menu for dinner, or even help prepare the foods you choose.

Open-ended questions to start the day

- ▶ What have you learned about farms this week? What new plants or animals did you discover? Is there anything else that you would like to learn more about?

Conversation around the dinner table

- ▶ Discuss the different activities that your child did this week. What was their favorite and what might they like to try again?

Farms for Kindergarten – Monday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: “Scarlette Beane” by Karen Wallace</u>
Late Morning	<u>Let’s Play: Gardening Pretend Play</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Math: Card Math Game</u>
Late Afternoon	<u>Yoga & Mindfulness: Yogi Says – Animals</u>

Questions and Extension Activities

Extend the learning

- ▶ Read more on the topic of farms this week with titles such as “How to Make an Apple Pie and See the World” by Marjorie Priceman, “On the Farm” by David Elliot and Holly Meade, and “The Tortilla Factory” by Gary Paulsen and Ruth Paulsen.

Open-ended questions to start the day

- ▶ What do you know about farms? What kinds of farms do you think there are? What more would you like to learn about farms?

Conversation around the dinner table

- ▶ Across the country, farmers are working hard to harvest crops. But there are many types of farms! Discuss with your child the different farms that exist and what foods come from them. Consider farms, like apiaries or bee yards, orchards, dairy farms, ranches, and so many more!

Farms for Kindergarten – Tuesday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: What Grows Here?</u>
Late Morning	<u>Field Trip: Springtime on the Farm</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Social-Emotional Learning: Being a Helper</u>
Late Afternoon	<u>Movement: Yoga Pretzels & Mindfulness</u>

Questions and Extension Activities

Extend the learning

- ▶ Learn more about non-food crops that grow in your area, such as cotton, timber, herbs for medicine, or corn grown for ethanol.

Open-ended questions to start the day

- ▶ What do you think it would be like to live on a farm? What kinds of crops or animals would you want to raise? What would you have to do to take care of them every day?

Conversation around the dinner table

- ▶ Discuss today's Springtime on the Farm field trip. What animals did your child see? Why do they think those animals might be important on farms? How do you things on a farm might look different in the fall versus the springtime?

Farms for Kindergarten – Wednesday

Early Morning	Prepare for the day
Early Morning	Breakfast
Mid-Morning	<u>Language: Animal Alphabet</u>
Late Morning	<u>STEM: Egg Carton Math</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Art: Circle Stamps</u>
Late Afternoon	<u>Movement: Aaron Copeland’s Hoedown</u>

Questions and Extension Activities

Extend the learning

- ▶ Look at the food in your pantry or freezer. Make a chart with your child detailing what types of foods you have, e.g., fruits, vegetables, beans, grains, etc., and how the foods are made.

Open-ended questions to start the day

- ▶ Ask your child about their favorite foods or meals. Do they have a lot of ingredients or just a few? Are they fresh, canned, or frozen? Where did they grow? How did they get to you?

Conversation around the dinner table

- ▶ If possible, have a farm meal in which everything you serve was grown nearby. Discuss where it came from and how it was grown.

Farms for Kindergarten – Thursday

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Early Morning	Breakfast
Mid-Morning	<u>Language: What's Missing? Memory Game</u>
Late Morning	<u>Cooking: Banana Bread</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
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Conversation around the dinner table

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Early Morning	Breakfast
Mid-Morning	<u>Toward a Better World: Families Work and Play Together</u>
Late Morning	<u>STEM: Apple Sensory Game</u>
Late Morning	Get outside!
Noon	Lunch
Early Afternoon	Quiet time – nap, read, or listen to an audio book
Mid-Afternoon	<u>Social-Emotional Learning: Color Jars</u>
Late Afternoon	<u>Yoga & Mindfulness: River Flow</u>

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Conversation around the dinner table

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