

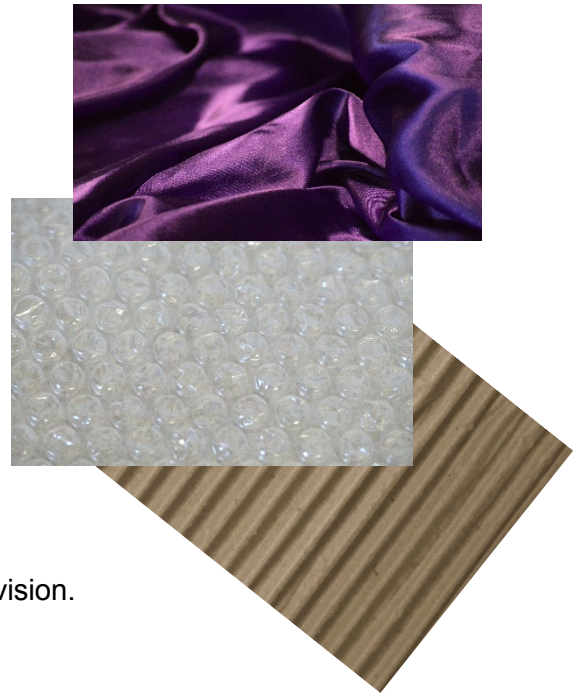
Infant Sensory: Soft/Hard

Learning Value:

This activity promotes development and learning by encouraging children to use senses to explore and interact with the environment.

Materials Needed:

- ▶ Common household materials with a variety of textures, e.g., cotton, silky fabric, smooth plastic, bumpy cardboard, or sandpaper.
- ▶ Tray or bag



Participants:

This activity is intended for adult/child interaction and supervision.

Directions:

Step 1: Place the objects in a bag or on the tray. Show the materials to your child, saying each one's name clearly. Rub the object and describe its texture. "This is soft, this one is hard."

Step 2: Offer each object to your child to touch and explore.

Babies learn about the world through sensory exploration.

Supervise your child and avoid small objects that might pose a choking hazard.