

# Toddler & Preschool Art: Shadow Sidewalk Chalk

## Learning Value:

This activity promotes development and learning by encouraging children to use hands and fingers to explore the environment.

## Materials Needed:

- ▶ Sidewalk or paved area
- ▶ Sidewalk chalk or chalk paint (recipe below)

## Participants:

This activity is intended for adult/child interaction.

## Directions:

**Step 1:** Go outside and have your child stand with the sun behind them so their shadow is on the ground.

**Step 2:** Have them stand still while you quickly trace their shadow on the ground.

**Step 3:** Your child can use sidewalk chalk or chalk paint to color inside their shadow on the ground.

### Sidewalk Chalk Paint

1 cup of cornstarch

1 cup of water

Food coloring

Cups for different colors or a muffin tin

Mix cornstarch and water and divide into cups or muffin tin. Add a drop of food coloring for each color you want to use.

Bright Horizons.

**World** at Home