

Infant Sensory: Light Box with Reusable Ice Cubes

Learning Value:

This activity promotes development and learning by encouraging children to use senses to explore & interact with the environment.

Materials Needed:

- ▶ Light box made with clear storage container and either a flashlight or LED lights.
- ▶ Reusable ice cubes (some frozen and some room temperature) **Caution:** Make sure they are 1 inch to 2 inches wide so they are not a choking hazard. Alternately you can freeze ice in silicon cupcake holders. That is a good size to explore.

Participants:

This activity does not require parent interaction, just supervision.

Directions:

Step 1: Place the frozen and room temperature ice cubes on the lid of the closed storage container.

Step 2: Let your child explore the ice cubes.

Bright Horizons.

World at Home