

Let's Play:

Nature Rubbings

Learning Value:

This activity promotes development and learning by encouraging children to observe and explore their environment to gain understanding of things. It also allows children to use their hands and fingers to explore and interact with the environment.

Materials Needed:

- ▶ Small bag
- ▶ Paper
- ▶ Crayons



Participants:

This activity is intended for adult/child interaction.

Directions:

Step 1: Take your child either in the backyard or on a short walk to find some natural items that they can later lay under paper and rub a crayon over to create an image of the item. Bring a bag to place the items in. Nature items that work well include sticks, leaves, thick blades of grass, tree bark pieces (you can also take a piece of paper outside with a crayon to do a rubbing on the tree).

Step 2: Place a nature item under the paper and move the crayon over the paper in the area the nature item is. Watch as you are able to see an outline emerge of the nature item on the paper.

Step 3: Talk about the items and their different textures and colors as you continue to do rubbings of other items you collected.