

Infant Language: My Body

Learning Value:

This activity promotes development and learning by encouraging children to develop a sense of identity and belonging, as well as understand and use a growing vocabulary.

Materials Needed:

- ▶ None

Participants:

This activity is intended for adult/child interaction:



Directions:

- ▶ Young babies' first toys are their fingers and toes. Take advantage of their curiosity by playing a naming game that teaches major body parts.
- ▶ Point to your nose and say, "This is my nose!" Do the same for her nose. As your baby develops the ability to respond, she will begin to reach for your nose and her own.
- ▶ As your child grows, she will say the words used in this game along with you and will later say them independently.
- ▶ Build upon this game as your child grows by adding descriptor words such as blue eyes, brown hair, etc.