

# Social-Emotional Learning: Musical Garden

## Learning Value:

This activity encourages children to demonstrate use of creativity and imagination, use large muscles to explore and interact with their environment, and to express emotions.

## Materials Needed:

- ▶ Old kitchen utensils or items: wooden spoons, cupcake tins, cookie sheets, pots or pans, metal or plastic bowls of various sizes, plastic cups, wind chimes, empty plastic containers, etc.
- ▶ Optional: large piece of wood, nails, hammer, string



## Participants:

This activity is intended for adult/child interaction, and 2 or more participants/players.

## Directions:

**Step 1:** Gather materials for the musical garden.

**Step 2:** Arrange the outside and use the wooden or metal spoons to make “music” with the tins, chimes, bowls, and other items.

**Step 3:** To make a permanent part of your garden, you can use the optional materials to attach the instruments to a large piece of wood using nails and a hammer. Or if you have a fence, you can secure materials to the fence using nails (or string for chain link fence).

**Step 4:** Enjoy playing a concert in your garden!



Bright Horizons.

World at Home