

Toward a Better World: Making Birdseed Cookies

Learning Value:

This activity promotes development and learning by encouraging children to develop increasing care for self, others, and the environment.

Materials Needed:

- ▶ 2 Cups flour
- ▶ ½ tsp. Baking powder
- ▶ ½ c. Sugar
- ▶ 2/3 c. Shortening
- ▶ 2 Eggs
- ▶ ¾ c. Birdseed
- ▶ Paper clip
- ▶ Ribbon or string



Participants:

This activity is intended for adult/child interaction.

Directions:

Step 1: Help your child measure and pour the flour, baking powder, and sugar in a bowl. Stir or mix in the shortening and eggs. Add the birdseed.

Step 2: Roll the dough into balls. Help your child flatten the balls into round cookies. Use a paper clip or wood skewer (adults only) to make a hole in the top of the cookies.

Step 3: Bake the cookies at 325 degrees Fahrenheit on an ungreased cookie sheet for 10 to 15 minutes, or until hard. Allow the cookies to cool. Thread pieces of ribbon through the holes in the cookies and hang them outdoors for the birds.

Bright Horizons.

World at Home