

# Ice Painting

## Learning Value:

This activity promotes development and learning by encouraging children to use hands and fingers to explore and interact with the environment.

## Materials Needed:

- ▶ Craft sticks/popsicle sticks
- ▶ Ice cube tray
- ▶ Large piece of paper
- ▶ Tray or cookie sheet
- ▶ Food coloring (one small drop)
- ▶ Cup



## Participants:

This activity is intended for adult/child interaction.

## Directions:

**Step 1:** In a cup, mix water and one drop of food coloring. Pour the colored water into an ice cube tray.

**Step 2:** Place one craft stick into each ice cube tray slot. (These will later become the handles for painting once the cubes have frozen).

**Step 3:** Place the tray in the freezer to freeze the water.

**Step 4:** Remove the tray from the freezer and loosen the ice cubes. Leave them resting in the tray.

**Step 5:** Put a large piece of paper on a cookie sheet/tray.

**Step 6:** Offer the tray of colored ice with handles. Let your child move the ice around to melt the color on the paper.

Bright Horizons.

World at Home