Ice Painting

Learning Value:
This activity promotes development and learning by encouraging children to use hands and fingers to explore and interact with the environment.

Materials Needed:
- Craft sticks/popsicle sticks
- Ice cube tray
- Large piece of paper
- Tray or cookie sheet
- Food coloring (one small drop)
- Cup

Participants:
This activity is intended for adult/child interaction.

Directions:

**Step 1:** In a cup, mix water and one drop of food coloring. Pour the colored water into an ice cube tray.

**Step 2:** Place one craft stick into each ice cube tray slot. (These will later become the handles for painting once the cubes have frozen).

**Step 3:** Place the tray in the freezer to freeze the water.

**Step 4:** Remove the tray from the freezer and loosen the ice cubes. Leave them resting in the tray.

**Step 5:** Put a large piece of paper on a cookie sheet/tray.

**Step 6:** Offer the tray of colored ice with handles. Let your child move the ice around to melt the color on the paper.