

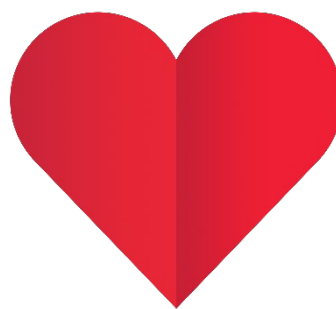
Happy Hearts Window Walk

Learning Value:

This activity promotes development and learning by encouraging children to Develop sense of identity and belonging and express, understand, and regulate emotions

Materials Needed:

- ▶ Colored paper
- ▶ Markers, crayons, pencils
- ▶ Clear tape (double-sided if possible)



Participants:

This activity is intended for independent play

Directions:

Inspired by the Happy Hearts Project from kidsforpeaceglobal.org

Step 1: Cut out a heart (or hearts) from paper. Make sure it is at least 8 inches wide or larger so that it can be seen from a distance.

Step 2: Decorate your heart(s). Include positive message if you like.

Step 3: Tape your heart to a window where it can be seen from the street or your neighbors, sharing your love with the community.

Step 4: Spread the word about Happy Hearts with your neighbors, family and friends and ask them to create their own Happy Hearts. In a few days, take a safe (keeping 6 feet of distance from others) family walk in your neighborhood and see how many Happy Hearts you can find.

Bright Horizons.

World at Home