

# Going on a Picnic



## Learning Value:

This activity promotes development and learning by encouraging children to remember information to use in later tasks and build skills for recalling information.

## Materials Needed:

- ▶ Blanket
- ▶ Snacks or pretend food
- ▶ Teddy bears or dolls can be included  
(or it can be a picnic with adult and child)

## Participants:

This activity is intended for adult/child interaction.

## Directions:

**Step 1.** Spread a blanket on the floor to sit on.

**Step 2.** Adult or child serves the snack to each person or pretend friend.

**Step 3.** As you eat, say the following sentence, filling in the blank, “I’m going on a picnic and I’m going to take \_\_\_\_\_.”

**Step 4.** The next person must repeat the sentence, including the item you chose and an additional item. For younger preschool children, you might want to first have a conversation about all the foods you can have on a picnic. This will give them some ideas to recall.

**Step 5.** Continue for as many rounds as you can, seeing how many items you can remember.