

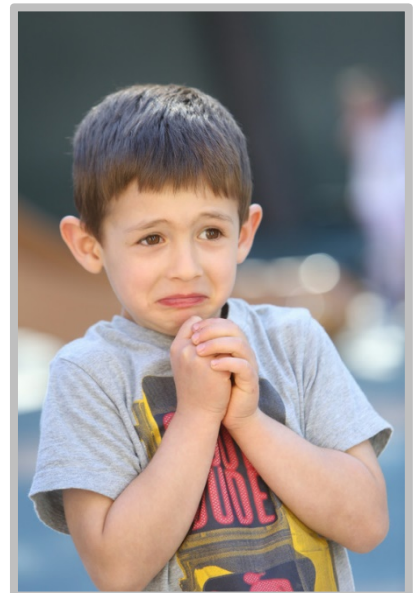
Infant Toddler Language: Feelings Game

Learning Value:

This activity promotes development and learning by encouraging children to identify others' feelings by their facial expressions. Recognizing emotions in others and themselves is a first step for children in healthy social emotional development and positive relationships.

Materials Needed:

- ▶ Printed images of people expressing a variety of facial expressions (from the internet or your personal photo collection)



Participants:

This activity is intended for adult/child interaction.

Directions:

- ▶ **Step 1:** Slowly show your child each photo and describe the person's feelings. "This person is feeling happy. She's smiling and her eyes are crinkled."
- ▶ **Step 2:** Go through the images again. Ask your verbal child to identify the feelings depicted in each photo.
- ▶ **Step 3:** Ask your child to show you a variety of facial expressions. "Can you show me happy?" "Yes, you look happy!"