

Homemade Bubbles

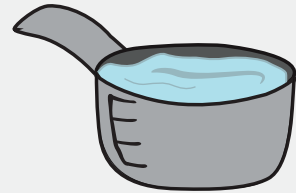
Ingredients



1/4 cup natural dish soap



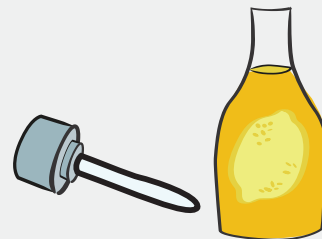
1 tsp glycerin



1 cup filtered water



5-10 drops natural food coloring (optional)



5 drops lavender or lemon essential oil (optional)

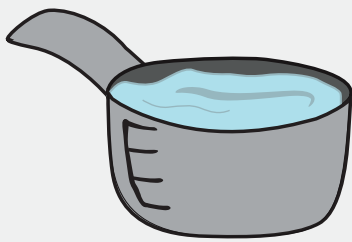
Directions

1. In a transparent container combine the soap, glycerin, essential oil and food coloring (if using). Stir the mixture thoroughly to combine.
2. Add the water and gently stir to incorporate everything. This will suds up some, but you want to avoid sudsing too much, or your bubbles won't be as strong.
3. Store at room temperature and use liberally for lots of bubbly fun.

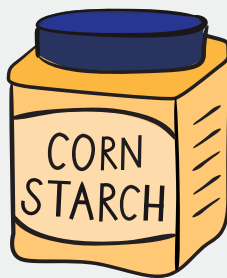
Notes: To create a simple bubble wand, take one end of a pipe cleaner and bend it to form a circle that is roughly the size of a quarter (adjust size as needed to fit inside of your container).

Homemade Oobleck

Ingredients



1 cup water



1.5 to 2 cups cornstarch



small amount of natural food coloring (optional)

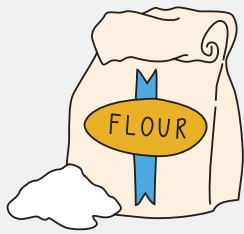
Directions

1. Start with the water in a bowl and add the cornstarch a bit at a time.
2. Keep stirring until it has a gooey consistency. You may want to use your hands.
3. When the Oobleck is just right, slowly add food coloring (if you want).
4. Add small amounts of cornstarch or water as needed to achieve consistency that is similar to pancake batter.
5. Have fun experimenting! You can slowly dip your hand into it like a liquid, but if you squeeze it, it will become a solid.

Notes: Be sure to discard oobleck in the trash and not down the sink.

Homemade Play Dough

Ingredients



1 cup of flour



3/4 cup of salt



1 tablespoon of
cream of tartar



1/2 cup of warm water



5 drops of natural food coloring

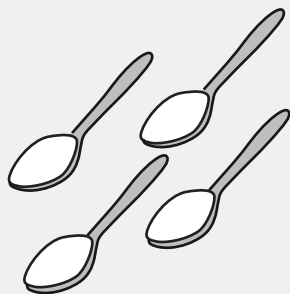
Directions

1. Mix together the flour, salt, and cream of tartar.
2. Mix together 1/2 cup of warm water with a few drops of food coloring.
3. Slowly pour the water into the flour mixture, stirring as you pour. Stir until combined, then knead with your hands until the flour is completely absorbed. If the dough is too sticky, add more flour until it doesn't stick at all.
4. Repeat process for each color you'd like to make.
5. Store in an airtight container with a lid for up to a week.

Notes: Mixing the food coloring with the water before combining with the dry ingredients allows you to blend them by stirring, without staining your hands.

Homemade Finger Paints

Ingredients



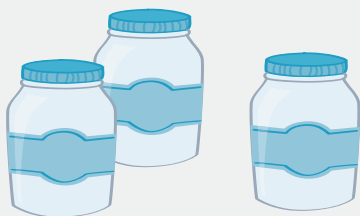
4 tablespoons of sugar



1/2 cup of cornstarch



2 cups of cold water



containers



natural food coloring

Directions

1. Stir 4 tablespoons of sugar and 1/2 cup cornstarch together.
2. Add 2 cups of cold water and heat over medium heat until the mixture is thick (the mixture will further thicken as it cools).
3. Divide into four or more containers, and add food coloring, as desired.

Notes: Utilize a paint smock and table covering to avoid potential staining.